

Riverside Community Counselling Services

During this period of uncertainty, it is normal to feel a wide variety of difficult or uncomfortable emotions. Please know that you are not alone in feeling this way, and that we are all in this together.

Due to the COVID-19 pandemic Riverside Community Counselling services has placed a hold on face-to-face counselling services in order to increase safety in our community. At this time we will continue to operate remotely through telephone service for clients throughout the district.

At this time, Riverside Community Counselling Services will strive to provide timely responses to requests for support. Please note that you may receive calls from unlisted or blocked numbers. For those who would like to book a telephone appointment, please leave a message with your contact information at 807-274-4807, ext.1. Riverside is experiencing a strain on our phone systems at the moment which includes calls being dropped or not going through, we apologize in advance that it may take a few attempts to reach us.

Riverside Community Counselling continues to offer Same Day Scheduled Counselling every Tuesday from 4-6pm and every Thursday from 3-5pm. To book a phone appointment, you must contact Riverside Community Counselling at 274-4807 ext. 1 (between 8am and 3pm) on Tuesday or Thursday. There are two appointments available each day, on a first-come-first-serve basis.

Although social distancing can feel very isolating, reaching out to friends and family via phone, email, or social media may help you cope, as well as knowing that our Staff at Community Counselling is here for the community during this challenging time.

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For More Information:

Lisa Belluz
Director of Riverside Community Counselling Services
Riverside Health Care
807-274-4807